

JANUARY

OUR CATHOLIC FAITH IN JANUARY: CELEBRATE THE EPIPHANY

The three Wise Men followed a star to discover the Christ child twelve days after his birth. Over the years, the Epiphany has brought as much joy and celebration to our home as Christmas. I hope you'll consider celebrating the Epiphany or "Three Kings Day" in your home on 1/6 as well. Here are some fun and simple ways you can do that...

-Go outside for a few minutes and look at the night sky. Have your children identify the brightest star. Discuss how the Wise Men must have felt on their journey to find the newborn king.

-Enjoy "King Cake" - make or buy one. Here's an easy recipe ([Pull Apart King Cake](#)) but you can find them at most grocery stores too. We like to hide a tiny plastic baby Jesus (you can also use a nut or dried bean) and whoever gets the piece with Jesus gets a crown and is King for the Day!

-Move the Wise Men from your Nativity to the manger to meet the newborn King

-Make crowns to wear as the Three Kings did. What gifts would you give the baby Jesus?

CLASS MEETINGS IN PERKINSVILLE

January 12

9:00 Children's Liturgy & Classes after Mass

January 29*

Classes after Mass

**This class is not on the original schedule, but a make-up for our missed November class. Please attend if you are able. No Children's Liturgy this day.*

DIGNITY OF THE HUMAN BODY

A series of three lessons on sexual abuse awareness and the Dignity of the Human Body is required by the Diocese of Rochester. The first of these lessons will take place during our January 12th class meeting. These lessons have been created with careful consideration to even our youngest parishioners' maturity and development in mind. Over the course of the lessons, we'll reinforce that each of us is unique & special in God's eyes, good/bad touches, boundaries, respect for self and others (and human life in general), self-advocacy, and how to identify safe adults. Parents may join their child(ren) for these lessons if you wish. There will also be a parent lesson offered that includes ways you can support/teach your child(ren) at home about difficult, yet important topic. We respect parents' wishes to only cover this topic at home. If you do not want your child(ren) to participate in this series of lessons, please send an email expressing your wishes to opt out of the Children's CASE lessons.



WHAT CAN KIDS DO?

As the children discover their own uniqueness, we'll encourage them to love, respect, and appreciate others too. Throughout January and February, we'll help our Respect Life ministry group by donating/collecting baby necessities to donate to the Focus Pregnancy Resource Center. If you are able, have your child bring items such as wipes, diapers, blankets, clothing, etc. to class in January and/or February. If your child is comfortable, he/she may even want ask extended family members or friends to assist with donations.

BAPTISM OF THE LORD

On the Sunday after the Epiphany, Catholics celebrate the Baptism of the Lord. Please send a picture of your child on his/her baptism day to Children's Liturgy on 1/12. Feel free to email photos to me to print, if it's easier for you. I'd like to display the photos, so please let me know if you need your photo returned after class.